



VII Torneio Internacional de Ginástica da MADEIRA
VIIth International Tournament of Gymnastics

Competition Program:

DAY	TIME	RG	MAG
14 MAR Thursday	16h30/18h00 18h00/21h30 21h30/22h00 22h00/22h15 22h15/22h30 22h45	1 st part <u>GENERAL INDIVIDUAL COMPETITION</u> <ul style="list-style-type: none"> Rope and Hoop Pause OPENING CEREMONY - "Marching in " Warming up for Groups 1 st part <u>GENERAL GROUPS COMPETITION</u> <ul style="list-style-type: none"> 5 Ribbons END	
15 MAR Friday	15h30/17h00 17h00/19h00 19h00 19h30/21h00 21h00/21h15 21h15/21h30 21h30/21h45 21h45/22h00 22h00	2 nd part <u>GENERAL INDIVIDUAL COMPETITION</u> <ul style="list-style-type: none"> Ball and Clubs AWARDS CEREMONY - <u>INDIVIDUALS</u> Warming up for Groups 2 nd part <u>GENERAL GROUPS COMPETITION</u> <ul style="list-style-type: none"> 3 Ropes and 2 Balls AWARDS CEREMONY - <u>GROUPS</u> END	<ul style="list-style-type: none"> Warming up <u>GENERAL INDIVIDUAL AND TEAM COMPETITION</u> AWARDS CEREMONY
16 MAR Saturday	14h30/14h45 14h45/15h30 15h30/16h15 16h15/16h30 16h30/17h15 17h15/18h00 18h00/18h15 18h15/18h45 18h45/19h15 19h15/19h30 19h30	FINAL COMPETITIONS: per apparatus Presentation of ALL Individual Finalists: MAG and RG FINAL COMPETITION: MAG - Floor / RG - Rope FINAL COMPETITION: MAG - Pommel Horse / RG - Hoop AWARDS CEREMONY : Floor, Pommel Horse, Rope and Hoop FINAL COMPETITION: MAG - Ring Frame / RG - Ball FINAL COMPETITION: MAG - Vault / RG - Clubs AWARDS CEREMONY: Ring Frame, Vault, - Ball and Clubs FINAL COMPETITION: MAG - Parallel Bars / RG - 5 Ribbons FINAL COMPETITION: MAG - Horizontal Bar / RG - 3 Ropes / 2 Balls AWARDS CEREMONY: Parallel Bars, Horizontal Bar, 5 Ribbons , 3 Ropes and 2 Balls END	