



LATVIJAS
VINGROŠANAS
FEDERĀCIJA

24th International Artistic Gymnastics Tournament “Latvian Veterans open 2025”

7th of June, 2025

Riga, Latvia




Directives

Dear affiliated Member Federation,

The Gymnastics Federation of Latvia and Riga Gymnastics School has the pleasure to invite your Federation/clubs to participate in the aforementioned International Event.

Please find herein below the Invitation letter and the directives:

HOST FEDERATION	Latvian Gymnastics Federation Contact Person: Mrs. Natalija Prokofjeva Adress: Prusu street 110, Riga, LV-1063, Latvia Tel.: +371 27403566 e-mail: gfl@latnet.lv
LOC	Riga Gymnastics School DG sports biedriba Contact Person: Aleksandra Drigo Tel.: +37120525757 e-mail: alexandra.drigo@gmail.com
DATE	06.06.2025-07.06.2025
VENUE	Riga Gymnastics School Adress: Miera str. 62, LV, 1013,Riga, Latvija 

APPARATUS SUPPLIER	Gymnova, Spieth
PROVISIONAL SCHEDULE	<p><u>Day 1 (Friday, 06.06.2025):</u> Arrival of the Delegations Training (17:00-20:00)</p> <p><u>Day 2 (Saturday, 07.06.2025):</u> Training (10:00-14:00) Judges' Instruction Men's and Women's Artistic Competition (14:00 warm up/registration); 15:00 Opening ceremony) Official closing party (20.00)</p> <p>NB. Clarified schedule will be send after nominative registration over.</p>
PARTICIPATION	Only gymnasts in good standing with the correct age may participate.
AGE LIMITS	Min. age limit for: WAG: 25 years (born in 2000 and before). MAG: 30 years (born in 1995 and before).
JUDGES	The participating Federations/Clubs can send minimum one judge for MAG and one judge for WAG. All judges must have a current valid national level.
REGISTRATION DEADLINES	Definitive registration: May 1, 2025 Nominative registration May 15, 2025
ENTRY FEES	The Entry fee for this event will be: EUR 40 per gymnast . All Entry fees can be paid in two options 1. By transaction to Organizing Committee. DG sports biedriba Reg. 40008255159 LV36HABA0551044028348 Name Surname of competitors 2. By cash upon arrival
COMPETITION FORMAT	<p><u>Men's Artistic Gymnastics</u> Maximum 8 elements, can be used to count.</p> <p>Category 1: 30-34 years old 2B,4A Start value 10.0 Missing: B – 0.2, A – 0.1 Additional D and higher + 0.4, C +0.3, B + 0.2 (Max. 2 additional elements for bonification) Average score of Three best result</p>

Category 2: 35-39 years old
1B, 5A
Start value 10.0 Missing: B – 0.2, A – 0.1
Additional D and higher + 0.6, C +0.4 , B + 0.2
SUM of Three best result
(Max. 2 additional elements for bonification)

Category 3: 40-44 years old
5A
Start value 10.0 Missing: B – 0.2, A – 0.1
Additional D and higher + 0.8, C +0.5, B + 0.3
SUM of Three best result
(Max. 3 additional elements for bonification)

Category 4: 45-49 years old
5A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 0.8, B +0.4, A + 0.2
SUM of Three best result
(Max. 3 additional elements for bonification)

Category 5: 50-54 years old
4A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 0.8, B +0.5, A + 0.3
SUM of Three best result
(Max. 4 additional elements for bonification)

Category 6: 55-59 years old
4A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 1.0, B +0.6, A + 0.4
SUM of Three best result
(Max. 4 additional elements for bonification)

Category 7: 60-64 years old
3A
Start value 10.0 Missing: A – 0.2
Additional C and higher + 1.0, B +0.7 , A + 0.5
SUM of Three best result
(Max. 5 additional elements for bonification)

Category 8: 65-69 years old
3A
Start value 10.0 Missing: A – 0.2
Additional B and higher + 0.8, A +0.6 ,
SUM of Three best result
(Max. 5 additional elements for bonification)

Category 9: 70 years and older
2A
Start value 10.0 Missing: A – 0.2

Additional B and higher + 1.0, A + 0.8
SUM of Three best result
(Max. 6 additional elements for bonification)
Vault for All MAG Categories FIG +6,0 + (0,6 x Category)
Vaults type, that is not included in FIG code of points – to be recognized – 0.5+6.0+0.6
x Category
For MAG Categories 5-9 height and functional properties changes can be allowed
Only one vault for all categories – should be done.

Women's Artistic Gymnastics

Maximum 6 elements, can be used to count

Category 1: 25-29 years old

1B, 4A

Start value 10.0

Missing: A – 0.1, B- 0.2

Additional D and higher + 0.4, C + 0.3 , B + 0.2

SUM of Two best result

(Max. 1 additional element for bonification)

Category 2: 30-34 years old

5A

Start value 10.0

Missing: A – 0.1, B- 0.2

Additional D and higher + 0.5, C + 0.4, B + 0.3

SUM of Two best result

(Max. 1 additional element for bonification)

Category 3: 35-39 years old

4A

Start value 10.0 Missing: A – 0.2

Additional C and higher + 0.6, A + 0.2, B + 0.4

SUM of Two best result

(Max. 2 additional elements for bonification)

Category 4: 40-44 years old

3A

Start value 10.0 Missing: A – 0.2

Additional C and higher + 0.7, A + 0.3, B + 0.5

SUM of Two best result

(Max. 3 additional elements for bonification)

Category 5: 45-49 years old

3A

Start value 10.0 Missing: A – 0.2

Additional C and higher + 0.8, A + 0.4, B + 0.6

SUM of Two best result

(Max. 3 additional elements for bonification)

Category 6: 50-54 years old

2A

Start value 10.0 Missing: A – 0.2

Additional C and higher + 1.0, A + 0.6, B + 0.8

SUM of Two best result

	<p>(Max. 4 additional elements for bonification)</p> <p>Category 7: 55-59 years old 2A Start value 10.0 Missing: A – 0.2 Additional B and higher + 0.9, A + 0.7 SUM of Two best result (Max. 4 additional elements for bonification)</p> <p>Category 8: 60 years and older 1A Start value 10.0 Missing: A – 0.2 Additional B and higher + 1.0, A +0.8 SUM of Two best result (Max. 5 additional elements for bonification) Vault for All WAG Categories FIG +6,0 + (0,5 x Category) Vaults type, that is not included in FIG code of points – to be recognized – 10.0 For WAG Categories 5-8 height and functional properties changes can be allowed.</p>
ACCOMMODATION	On request (extra charge)
MEALS	On request (extra charge)
INTERNATIONAL TRANSPORTATION	The Invited Participating clubs must pay for the International Travel Costs of their Delegation Members.
LOCAL TRANSPORTATION	On request (extra charge)
VISA	<p>Please verify immediately with your travel agent or the Latvian Embassy or Consulate in your country if a visa is required for your travel to Latvia.</p> <p>The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before May 1, 2025 to the Organizing Committee.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations (Section 1, Article 11.10) foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>
ACCREDITATION	<p>Delegation accreditation will take place upon arrival. For accreditation, Delegation Member are required to bring the following documents:</p> <p>*passports of all members of the delegation;</p>

	<p>*proof of medical insurances; *CD of their National Anthem and National Flag;</p> <p>All financial obligations must be fulfilled during the accreditation.</p>								
AWARDS	<p>Winner in each Age category will be awarded. (Men's Artistic Gymnastics – SUM of Three best score Women's Artistic Gymnastics – SUM of Two best score); MAG (1-9 category) and WAG (1-8 category): The gymnasts on 1st to 6th place will be awarded. (Men's Artistic Gymnastics – SUM of Three best result Women's Artistic Gymnastics – SUM of Two best result);</p>								
ADDITIONAL INFORMATION	<p>NB. Final score to be calculate : 10.00 + Bonus – deduction. For Vaults: see above. No neutral deduction, no limits for one group elements Elements value – FIG code of points 2025-2028</p> <ul style="list-style-type: none"> - We invite you to take a part in the competition even if you make less than Three apparatus MAG, and less than two apparatus WAG; - Gymnasts who are less that 25 years old -WAG and 30 years old -MAG also invited to participate , but out of competition. - Gymnasts can do elements, which are not in the Code of Points. They can be evaluated by the judges as elements of Category A (depends on the age category) but you can't have additional bonus for thus the element; - The same element, which are written in by the same number FIG, counted as separate element; - A participant has the right to perform on any number of gymnastics apparatus 								
MEDICAL SERVICES	<p>The Organizing Committee will provide a first aid medical service, doctor in the competition area during the whole competition.</p>								
DEADLINES SUMMARY	<table> <tr> <td>Definitive Registration</td> <td>May 1, 2025</td> </tr> <tr> <td>Nominative Registration</td> <td>May 15, 2025</td> </tr> <tr> <td>Visa Request Form</td> <td>April 1, 2025</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>By transaction or upon arrival</td> </tr> </table>	Definitive Registration	May 1, 2025	Nominative Registration	May 15, 2025	Visa Request Form	April 1, 2025	Payment of the Entry Fee	By transaction or upon arrival
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Riga, 19.03.2025

Sincerely yours,

Organizing committee



Deadline: 1 of May 2025

DEFINITIVE REGISTRATION

Please send the registration form to Alexandra.drigo@gmail.com

Federation, Country or Club		Contact person:	
		Phone:	
		E-mail:	

MAG	WAG
Name, surname, year of birth	Name, surname, year of birth

Deadline: 15 of May 2025

NOMINATIVE REGISTRATION

Please send the registration form to Alexandra.drigo@gmail.com

Name Surname	Date of birth	