



## **Prof. Valerian Nicolae FORMINTE**

**Address:** Str.Tiberiu Brediceanu Nr.6  
City Constanta, District of Constanta, Zip Code:900236  
**Country:** Romania  
**Email Address:** [nicuforminte@yahoo.com](mailto:nicuforminte@yahoo.com)  
**Mobile phone:** +40 (0) 722 227 118  
**Date of Birth:** 17 October 1956  
**Place of Birth:** Cimpulung Moldovenesc , District of Suceava  
**Marital status:** married, 1 child (student at "Academy of Economic Studies", Constanta)

### **\*EDUCATION AND DIPLOMAS**

- 1976** - Graduate, with baccalaureate degree of "Theoretical HighSchool Nr.5", Constanta
- 1980** - Graduate of "Faculty of Physical Education and Sport", Constanta
- 1981** - Graduate of Fourth Year of specialization in Gymnastic inside of "Faculty of Physical Education and Sport", Bucuresti
- 2002** - Further studies inside of "Faculty of Physical Education and Sport", Constanta
- 2009** - MA in "Physical Education and Sport", University "Babes Boia", Cluj Napoca

### **\* WORK EXPERIENCE**

- **1981 - 2010** Gymnastics coach at C.S. Farul Constanta
- **1992 - 1993** Gymnastics coach team junior women
- **1993 - 1998** Gymnastics coach olympic team senior women, Deva
- **1998 - 2000** Gymnastics coach at C.S. Farul Constanta
- **2000 - 2001** Lecturer coach at "Academy of Physical Education and Sport", Bangladesh
- **2001 – 2002** Gymnastics coach at C.S. Farul Constanta
- **Feb 2001 - July** Main coach team junior women, Onesti
- **Jul 2002 - Dec '04** Gymnastics coach olympic team senior women, Deva
- **2005 - 2006** Main coach team junior women, Deva
- **2006 - June 2010** Main coach olympic team senior women, Deva
- **October 2010 - December 2012** Main coach at gymnastics club U.S.Renato Sera in the city Cesena, Italy.

### **\* POFESSIONAL TRAINING**

- **Professor of Physical Education and Sport (Grade II)**
- **Gymnastics Coach Category-I**
- **Honored Coach since 1995**

## ACHIEVEMENTS AND GYMNASTS TRAINED

Olympic Games						
		Gold	Silver	Bronze	Total	Role
2008	Beijing	1		1	2	Head Coach
2004	Atena	4	1	1	6	Technical Team Coach
1996	Atlanta	1	2	5	8	Technical Team Coach
<b>Total olympics medals</b>		<b>6</b>	<b>3</b>	<b>7</b>	<b>16</b>	
World Championships						
2009	Londra			1	1	Head Coach
2007	Stuttgart		2	1	3	Head Coach
2006	Aarhus		1	1	2	Head Coach
2003	Anaheim		3		3	Technical Team Coach
1997	Lausanne	4	1	1	6	Technical Team Coach
1996	San Juan	2	2	1	5	Technical Team Coach
1995	Sabae	3		2	5	Technical Team Coach
<b>Total world medals</b>		<b>9</b>	<b>9</b>	<b>7</b>	<b>25</b>	
European Championships						
2010	Birmingam	1		3	4	Head Coach
2009	Milan		1	1	2	Head Coach
2008	Clermont-Ferrand	3	2	1	6	Head Coach
2007	Amsterdam		3	1	4	Head Coach
2006	Volos	2	1	2	5	Head Coach
2004	Amsterdam	4	2		6	Technical Team Coach
1998	St.Petersburg	1	2	5	8	Technical Team Coach
1996	Birmingham	3	3	1	7	Technical Team Coach
<b>Total european medals</b>		<b>14</b>	<b>14</b>	<b>14</b>	<b>42</b>	
<b>Total seniors medals</b>		<b>29</b>	<b>26</b>	<b>28</b>	<b>83</b>	
European Championships Juniors						
2006	Volos	1	3	1	5	Head Coach
EYOF						
2009	Tampere	2	4	1	7	Head Coach
2007	Belgrade	1	1	3	5	Head Coach
2005	Lignano	1	3		4	Head Coach
2003	Paris			1	1	Technical Team Coach
<b>Total juniors medals</b>		<b>5</b>	<b>11</b>	<b>6</b>	<b>23</b>	

**GRAND TOTAL : 83 SENIORS MEDALS + 23 JUNIORS MEDALS = 106 MEDALS**

### Some gymnasts that I trained:

Daniela Maranduca; Simona Aminar; Lavinia Milosovici; Gina Gogean; Andreea Cacovean; Anamaria Bican; Loaiies Ionela; Mirela Tugurlan ; Alexandra Dobrescu ; Presecan Claudia; Corina Ungurean; Maria Olaru; Andreea Raducan; Steliana Nistor; Tamirjan Anamaria; Dragoi Gabriela; Sandra Izbasu; Ana Porgas; Raluca Haidu; Amelia Racea... respectively all other gymnasts members of women senior and junior teams during training stages above mentioned.

### \* ORDERS AND AWARDS

- Honorary Citizen – Constanta
- Honorary Citizen – Deva

Presidential decorated from presidents Ion Iliescu, Emil Constantinescu; Traian Basescu with following medals :

- National Medal of Merit Class 3
- Merit Sport Class 3
- Merit Sport Class 2

Coach ,  
Prof. Forminte Valerian Nicolae.

