



FISAF SWISS OPEN Fitness Championship 2009

13.06.2009

On Saturday June 13, 2009 took place in Bassersdorf near Zurich the first FISAF Swiss Sport Aerobic, Fitness and Hip Hop Championships (Federation of International Sports, Aerobics & Fitness Inc.) as a part of the first FISAF Swiss Open. Nearly one hundred athletes from Switzerland, Germany and France were competing in front of a warm and cheering public by showing 2 minutes long choreographies which display strength, flexibility and artistic talent. The competition had two levels of difficulty: Category A is where the international elite competes, a B Category allows athletes with less experience or not willing to spend more than 20 hours/ week training for the sport to get valuable competition experience. The 2 categories are divided in age classes: Mini, Cadet, Junior and Senior. The level of the competition was high since in some categories our athletes had to compete against the German and French champions. We are particularly proud that 18 Swiss Athletes not only got medals but were also selected for the FISAF World Championships 2009 in Martinique (French Antilles) by a panel of international judges.

Results

FISAF Swiss Championships 2009	
Category	Rang 1
IND. MEN CADET	Nikolaj Stukalin
IND. WOMEN MINI-DIVISION	Darja Stukalina
IND. WOMEN CADET CAT B	Melina Fischer
IND. WOMEN CADET CAT A	Jana Kruschitz
IND. WOMEN JUNIOR	Tonja Stukalina
IND. WOMEN SENIOR CAT B	Martina Jung
IND. WOMEN SENIOR CAT A	Nathalie Schaefer
MIXED PAIRS JUNIOR	Tonja & Nikolaj Stukalin
FITNESS TEAM CADET	Girlfriends
HIP HOP TEAM CADET	DY. GROOVY Juniors
HIP HOP TEAM SENIOR	Golden's

FISAF Swiss OPEN 2009	
Category	Rang 1
IND. MEN SENIOR	Judicael Lesmann (France)
IND. WOMEN CADET CAT A	Denise Makar (Sportschule Ingelheim, Germany)
IND. WOMEN JUNIOR	Pia Rieber (Sportschule Ingelheim, Germany)
IND. WOMEN SENIOR CAT A	Angelique Welz (TSV Gaildorf, Germany)
MIXED PAIRS CADET	Sophie Hinck & Paul Engel (Sportschule Ingelheim, Germany)
MIXED PAIRS SENIOR	Nadia Lukenheimer & Felix Stockmann (Sportschule Ingelheim, Germany)



Finals of categories mini-division & cadet



Finals of categories junior & senior